

# Request for Registration Packet

Which retreat would you like to attend?

- September 14 - 18  
 October 19 - 23

Please Print

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) - \_\_\_\_\_

Other Phone ( ) - \_\_\_\_\_

Email \_\_\_\_\_ @ \_\_\_\_\_

Mail To:  
 Strength for the Journey Retreat  
 c/o Dot Avers, Registrar  
 2301 Sunnywood Lane  
 Knoxville, TN 37912

Office Use Only	
Date Recv'd _____	Notes _____
Forms Sent _____	_____
App Recv'd _____	_____
Fee Paid _____	_____
Accepted _____	_____

# Registration

Registrations will be accepted on a first come, first served basis. Please submit the inquiry form in this brochure to receive a registration packet that will include more information.

Confidentiality of information will be strictly observed.

Each retreat will start with lunch on Monday and continue through Friday lunch.

# Cost

The cost including meals, lodging and program is \$150. There is a \$25 registration fee. Scholarships are available for the balance, one scholarship per year per individual. No one will be kept away for lack of finances.



For More Information Contact:  
 Ginny West Case, Director  
 (865) 363-1709  
 Fax: (865) 983-5408  
 ginnywc@charter.net



A Retreat for Women & Men Living with HIV/AIDS

September 14 - 18  
 and  
 October 19 - 23  
 Buffalo Mountain  
 Retreat Center  
 Jonesborough,  
 Tennessee



## Strength for the Journey



Strength for the Journey Retreats for persons living with HIV/AIDS originated over 15 years ago in the California-Pacific Conference of the United Methodist Church. In 1997 the Holston Conference hosted the first retreat in the Southeast.

The Holston Conference Camp & Retreat Ministries sponsors the Strength for the Journey Retreat held in Jonesborough, TN. Additional support is provided by businesses and individuals from a variety of denominations.

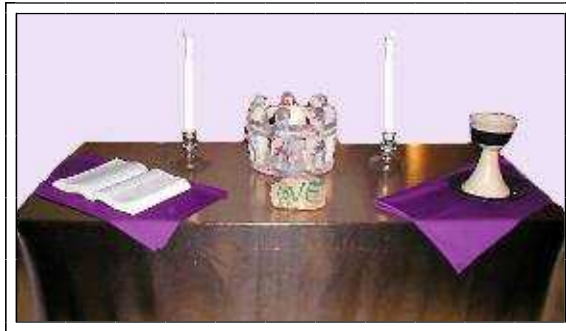
The retreat planning group, including persons who are affected and infected by HIV, seeks to embody the Church's role of compassion and love in this epidemic.

## Mission Statement

The mission of Strength for the Journey is to provide a safe, caring and healing community for women and men living with HIV/AIDS by offering an opportunity for spiritual and emotional growth in a supportive and nurturing environment.

## Offering ...

- ◆ A retreat designed to heal your spirit, nourish your body, and strengthen your social network.
- ◆ An opportunity to rediscover the gentle loving nature of God.
- ◆ A place for art and recreation.
- ◆ Trails for hiking and wildlife viewing.
- ◆ Opportunities for discussion, spiritual guidance, and worship.
- ◆ Time for meditation, reading, journaling, study.
- ◆ Flexible schedule allowing participation as you are able.
- ◆ A break from the regular routine.
- ◆ Delicious, nutritious meals.
- ◆ Nursing staff on site.



### Comments from past retreats:

"It gave me a new attitude and renewed my hope and love for all."

"(It was) my first experience in finding a 'safe place'."

"...I know I'm not alone in the world!"

"I feel strengthened and revitalized."

"(The retreat) broke the routine of my life." I started not to come here, but I'm really glad I did. It really made me stronger."



## Facilities

The Retreat Center at Buffalo Mountain is a 30-bed facility with private and semi-private baths, meeting areas, and dining hall all in one building. Surrounding the center are acres of woods and mountains to be explored, with moderate hiking trails up the mountain; easy walking trails near the Retreat Center; and lots of nature to explore. While relaxing in the rocking chairs on the porches, visitors often see deer and turkey feeding in the vicinity. Buffalo Mountain is an alcohol and drug free facility.

